



LUNCH MENU

12PM - 4PM MONDAY - FRIDAY

STARTERS

JERK CHICKEN SKEWERS avocado mango chilli salsa, and peanut sauce	6.00
ITAL GARDEN SPRING ROLLS With Cottons sweet chilli sauce, lambs lettuce dressed with lemongrass and chilli	5.50
TRIO OF FRITTERS Chick pea, black eyed bean and callaloo & potato fritters with coconut chutney	5.00
PULLED BBQ PORK On a flat fried dumpling, chilli pineapple salsa, rocket leaves	5.50
EBONY WINGS OR BARBECUED WINGS Sriracha hot sauce	3 FOR 5.50 6 FOR 8.00

LARGE PLATES

JERK CHICKEN LEG Rice n peas, coleslaw and fried plantain	11.00
JERK PORK RIBS AND BUTTERMILK CHICKEN TENDERS Rice n peas and coleslaw	12.00
ITAL VEGETABLE CURRY With steamed rice and fried plantain	11.00
BOSTON JERK PORK Fried cassava, coleslaw and rice n peas	11.50
TRINIDADIAN FISH AND AUBERGINE CURRY Steamed rice	12.00
BARBECUED CHICKEN PIECES Coleslaw and skin on fries	11.00
JERK CHICKEN AND STIR FRIED VEGETABLE WRAP Skin on fries	11.00
CHANA DHAL Roti, mango chutney and beetroot humus salad	11.50
PAN FRIED SEABASS FILLET AND BATTERED SQUID Coconut tamarind sauce with steamed rice	13.00
CHEF'S SPECIAL OF THE DAY please ask server	12.00

2 COURSES FOR 15.00 ALL SOFT DRINKS 2.00